

HEALTH AND SAFETY FOR THE CLASSROOM EDUCATOR

BTSA INDUCTION STANDARD 18

Course Description:

This course is designed to raise teacher awareness and examine the current health issues confronting today's educators. Topics include nutrition and fitness, sexual activity, substance abuse, school safety, legal considerations, conflict management, bullying, accident prevention, child abuse, emotional well being, communicating with parents, local and community health and mental health resources, curriculum and instructional materials. Teachers will reflect on how this information connects to their own practice within their own classrooms and schools. They will learn how to integrate this information into their existing curriculum.

Topics:

- ? Week 1: Emotionally Healthy Classrooms
- ? Week 2: Curriculum and Resources
- ? Topic 3: Healthy Lifestyle
- ? Week 4: School Safety
- ? Week 5: Accident Prevention, Death and Dying, and Communicating With Parents
- ? Week 6: Risks and Disorders

Detail Assignments

Assignment 1 - Introductions and Coordinated School Health Programs
Assignment 2 - Resiliency
Assignment 3 - Health and Physical Education Frameworks
Assignment 4 - Internet Resources
Assignment 5 - Nutrition and Physical Activity
Assignment 6 - Sex Education
Assignment 7 - Bullying
Assignment 8 - Child Abuse Reporting
Assignment 9 - Classroom Safety
Assignment 10- Tragedy in Schools
Assignment 11- Stress and Suicide, Tobacco, Alcohol, and Drug Use.

Final Course Project:

The final project is to design an integrated health lesson for the teacher participant's particular grade level and classroom situation. They use any of the topics learned in this course or select a topic from the Health Framework or curriculum at their school. Teacher participants must integrate the health lesson with at least one other content area (math, science, social studies, literacy) and include the standards/expectations for both. They use the format most commonly used by their district or induction program.